SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY SAULT STE. MARIE, ONTARIO



COURSE OUTLINE

COURSE TITLE: Health III: Primary Health Care & Health Promotion

CODE NO.: NURS3005 SEMESTER: 5

PROGRAM: Collaborative BScN Program

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APPROVED: "Marilyn King" Aug. 2013

CHAIR, HEALTH PROGRAMS DATE

TOTAL CREDITS:

PREREQUISITE(S): NURS2144

HOURS/WEEK:

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I. COURSE DESCRIPTION:

The course is grounded in a primary health care framework. Basic concepts, principles and theoretical frameworks informing community health nursing in the context of prevention, health protection and health promotion are explored. Health will be examined from the population health promotion perspective. Through class discussion, small group activities and course assignments students will develop their understanding of community as client and partner and develop their repertoire of strategies for prevention, health promotion and health protection in the community setting.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Ends In View:

At the end of this course the student will be able to:

- 1. Describe basic principles, concepts, theoretical frameworks informing community health nursing.
- 2. Delineate the diversity of roles and functions of community health nurses.
- 3. Interpret key epidemiological concepts and common epidemiological measurements.
- 4. Conduct a community health assessment on an assigned community to identify community health needs for an aggregate; planning appropriate health promotion activities to address priority community health needs.
- 5. Describe the health program planning process and its application to nursing in the community.
- 6. Summarize models, theories and frameworks of health promotion and community change.
- 7. Demonstrate knowledge of strategies for prevention, health protection and health promotion when working with individuals, families, groups, aggregates and communities.
- 8. Demonstrate knowledge of environmental health, international health and global health issues as they apply to community health nursing.
- 9. Demonstrate knowledge and strategies required to work as a team member.
- 10. Prepare a health promotion grant application to address a health need of an aggregate based on the conducted community health assessment.

Process:

Active co-operative learning is the philosophical approach in this course. Participants will develop a sense of community health nursing practice and develop social and political awareness in a variety of community contexts by engaging in a variety of learning experiences such as: discussion, debate, case study analysis, health communication development, class presentation, community health assessment, health promotion grant proposal preparation, and critical reflection.

III. TOPICS:

The course content is organized around learning activities that reflect the following topics:

- Key concepts of community health nursing
- Historical evolution of community health nursing in Canada
- Canadian Community Health Nursing Standards of Practice
- Primary health care
- Determinants of health
- Settings, roles and functions of community health nurses
- Ethics in community health nursing practice
- Epidemiological applications
- Community health nursing process
- Program planning, monitoring and evaluation
- Models and frameworks of health promotion and theories of community change
- Social marketing, advocacy and community development
- Tools for community health nursing practice
- Sustaining healthy communities
- Environmental health
- International/global health
- Communicable and Infectious Diseases
- Team/group process

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

- Giddens, J. & Stalkie, L. (2013). *The Canadian neighborhood: Bridging the gap between classroom and clinical*. Toronto, ON: Pearson.
- Stamler, L. & Yiu, L. (2012). *Community health nursing: A Canadian perspective*. Toronto, ON: Pearson.
- Vollman, A., Anderson, E., & McFarlane, J. (2012). *Canadian community as Partner: Theory and multidisciplinary practice* (3rd ed.). Philadelphia, PA: Lippincott.

Recommended Resources

Community Health Nurses of Canada. (2011). Canadian community health nursing: Professional practice model and standards of practice. Author.

Reference Resources

Hales, D. & Lauzon, L. (2010). *An invitation to health* (2nd Canadian ed.). Toronto, ON: Nelson. (or other Growth and Development text).

Selected Websites: Students are encouraged to explore the following websites and others to assist in completion of course activities and assignments. Additional links are often embedded within the links and may provide helpful information.

Site	Web Address
Ontario Health Promotion Resource System	http://www.ohprs.ca/hp101/main.htm
(OHPRS) online course: "Health Promotion 101".	
Health Nexus (formerly - Ontario Prevention	http://www.healthnexus.ca/index_eng.php
Clearinghouse) a source for health-promotion	
related <u>print and electronic resources</u> , <u>educational</u>	
events and workshops. They also provide	
personalized consultations utilizing expert advice,	
and will provide referrals p.r.n.	
World Health Organization (WHO): the United	http://www.who.int
Nations world health authority providing	
leadership on global health matters.	
The Community Tool Box provides free	http://ctb.ku.edu/en/tablecontents/
information on crucial skills for building healthy	
communities.	
Health Canada, the Federal department	http://www.hc-sc.gc.ca/index_e.html
responsible for helping Canadians maintain and	
improve their health.	
Public Health Agency of Canada (PHAC): an	http://www.phac-aspc.gc.ca/index-eng.php
excellent site of resources pertaining to all age	
groups re: health and safety related topics.	
Ontario Healthy Communities Coalition:	http://www.greatersudbury.ca/cms/index.cfm
mission of working with Ontario communities to	?app=div_earthcare&currID=7078⟨=en
_	
strengthen their social, environmental and	
economic well-being.	1 1 1 1 1 1
Michigan Health Tools: a site that includes online	http://www.mihealthtools.org/
assessments and websites to help promote and	
support better health in communities, at work, at	
school and in places of worship.	http://www.com.ash.co/h.co/th//h.c/docc/ch.co
Community Health Assessment Guidelines,	http://www.gov.mb.ca/health/rha/docs/chag.
2009. A Province of Manitoba guide that provides	pdf
a process that can be used to conduct a community	
health assessment.	
Assess Now: This American site provides tools,	http://www.assessnow.info/resources
and resources to improve the practice of	
community health assessment. The Assessment	
Toolkit provides tools and learning resources	
including epidemiology and data analysis,	
mapping etc. that can be applied anywhere.	
Enhancing Program Performance with Logic	http://www.uwex.edu/ces/lmcourse/
Models: an online course for planning and	
evaluating education and outreach programs using	
Program Logic Models.	
Canadian Council on Social Development:	http://www.ccsd.ca
Canadian and provincial information on poverty,	
welfare and income.	

Effective Public Health Practice Project:	http://www.ephpp.ca/aboutus.html
evidence-informed decision-making resource.	
Systematic reviews are conducted on the	
effectiveness of public health interventions, and	
summarizes recent, high quality reviews produced	
by others.	
Sudbury & District Health Unit (SDHU): The	http://www.sdhu.com/content/healthy_living
SDHU is very progressive in their application of	/doc.asp?folder=3225&parent=3225⟨=0
the Social Determinants of Health (SDOH) and	<u>&doc=11749</u>
this site provides resources for community health	within this site explore:
care providers to assist them in understanding and	Let's start a conversation about healthand
applying the SDOH.	not talk about health care at all.
	http://www.sdhu.com/content/healthy_living/
	doc.asp?folder=3225&parent=3225⟨=0 &doc=11749
	<u>&uoc=11749</u>
Tobacco Free RNAO: This site contains fact	http://www.tobaccofreernao.ca/en/resources
sheets, health education guides, Policy action kits	
and other resources pertaining to smoking	
cessation.	
Eat Right Ontario: Dieticians provide	http://www.eatrightontario.ca/en/Default.asp
information on menu planning, food and nutrition	<u>X</u>
and healthy eating.	
CIHI Health Indicator Report 2012: search by	https://secure.cihi.ca/free_products/health_in
subject and place	dicators 2012 en.pdf
National Collaboration Centre for Determinants of Health	http://nccdh.ca/resources/entry/integrating-
Determinants of Health	social-determinants-of-health-and-health-equity-into-canadian-h
Journals to explore:	<u>cquity-into-canadian-n</u>
our min to explorer	
Health and Social Care in the Community	
Journal of Community Health	
 Journal of Community Health Nursing 	
Canadian Journal of Public Health	

Note: NURS 3005 is interactive, experiential and participative in design to promote cooperative learning. Class activities will draw upon students' personal, professional, and clinical experiences. **Active student participation in NURS 3005 is an expectation.**

V. EVALUATION PROCESS/GRADING SYSTEM:

Assignments have been selected to complement the course content and the community clinical practice component in NURS3084 & NURS3094.

Credit for this course requires completion and submission of \underline{all} of the following evaluation components

are to be turned in (both hard copy and electronic LMS copy) at the start of class.

Date Due	Value	Evaluation Component
November 22, 2013	15%	Assignment #1 Community Health Assessment,
		Analysis and Diagnosis
November 29, 2013	30%	Mid-term class test
March 21, 2014	15%	Assignment #2 Community Health Program Planning
		and Evaluation
March 28, 2013	5%	Assignment #2 Community Health Poster
		Presentation
TBA	35%	Final Exam

The following semester grades will be assigned to students:

		Grade Point
<u>Grade</u>	<u>Definition</u>	Equivalent
A+	90 - 100%	4.00
A	80 - 89%	4.00
В	70 - 79%	3.00
C	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been	
_	awarded.	
S	Satisfactory achievement in field /clinical	
	placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical	
	placement or non-graded subject area.	
X	A temporary grade limited to situations with	
	extenuating circumstances giving a student	
	additional time to complete the requirements	
	for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course	
	without academic penalty.	

NOTE: Mid Term grades are provided in theory classes and clinical/field placement experiences. Students are notified that the midterm grade is an interim grade and is subject to change.

General assignment expectations:

All assignments must adhere to the School of Nursing policies as outlined in the Student Handbook Written assignments must follow the latest APA 6th edition manual format. Also check this APA website: http://www.docstyles.com/library/apalite.pdf

At the discretion of the instructor, students can lose from 10% up to 25% of the assignment total possible marks for poor writing form and/or writing style.

Unless otherwise stated, all assignments must adhere to the following:

- Microsoft Word document; APA format Double-spaced unless specified
- 12-point font size using only one font size either Times New Roman or Arial
- Black print only; 1" margins all around; Page length as specified in the assignment
- Electronic submissions must have a file name that begins with the student last name and assignment title (e.g. Smith N3005 assgt 1).
- One electronic copy to NURS 3005 course on D2L submitted at the start of class (1330) on due date.

Some assignments may be graded using the track changes function in Microsoft Word. Graded assignments will be returned, in a timely manner once all student assignments have been graded. Tests/Exams will not be returned. It is your responsibility to keep a copy of all assignments that you submit for grading. Please keep track of your grades. Grades will be posted on D2L when all student assignments are graded. You will be advised when the grades are posted to the course website.

VI. SPECIAL NOTES:

Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

Lateness

with permission: extensions are granted without penalty in the event of extenuating circumstances approved by the course professor. A written request for an extension should be submitted to the course professor at least 48 hours prior to the due date. The request for extension needs to include: the course designation (NURS 3005); assignment title; original due date; reason for lateness request, negotiated or requested due date, student name, and professor name.

without permission: if an assignment is late without permission, there will be a loss of 10% per day every day the assignment is late. The weekend will count as one day. After three (3) days the assignment will <u>not</u> be accepted and the student will receive a 0 grade for the assignment.

Academic Dishonesty

NURS3005 upholds the LU Academic Calendar policy statement on academic dishonesty found at:

 $\frac{http://laurentian.ca/Laurentian/Home/Departments/Commerce/H.B.Com.+Program/Curre}{nt+Students/School+Year/HBCOM-Academic+Dishonesty.htm?Laurentian_Lang=en-CA}$

Which is also documented in the Sault College Student Handbook. Examination items are the proprietary intellectual property of the collaboration and are not to be shared by students. Sharing of exam items by students is considered cheating and is subject to disciplinary action.

Attendance

"Punctual and regular attendance is **required** of all students". If there are extenuating circumstances bearing upon a learner's absence, the instructor should be notified by any means such as in person, voice mail or D2L email (preferred). Absences in excess of 20% of the course time may jeopardize receipt of credit for the course as noted in the Laurentian University Academic Regulations:

http://laurentian.ca/NR/rdonlyres/B9301246-257B-4F7C-AD8E-F15204727B57/0/Acad_Regulations.pdf and as documented in our Sault college handbook.

Note: Missing up to 20% is not acceptable. Some employers are now asking about an applicant's record of class attendance during reference checks. Class attendance is taken in each NURS3005 class. Regular attendance and participation is expected and required. Absence, tardiness and early departures are not advised and can adversely impact your final grade. Absences may be excused in case of extenuating circumstances and need to be communicated to the professor within one week of missing class. Student departure at the break counts as 1/2 of an unexcused absence unless previously cleared with the professor.

Credits can be forfeited if a student misses over 20% of classes (5 classes). If attendance sheets are used for course attendance records, failure to sign the attendance sheet will be considered "absent". Signing in for another student or asking another student to sign in for you will be treated as academic dishonesty.

Classroom Etiquette/Civility in the classroom: It is expected that students will:

- 1. Avoid using laptops except with the permission of the course Professor or unless authorized by Accessibility Services.
- 2. Turn off all cell phones and beepers. Texting is to be avoided.
- 3. Show respect towards classmates and course professor by being prepared to engage in classroom activities in a collaborative and collegial manner.
- 4. Refrain from talking with others unless during organized discussion time. .
- 5. Please dispose of your garbage in the appropriate containers prior to leaving classroom.

VII. COURSE OUTLINE ADDENDUM:

1. <u>Course Outline Amendments:</u>

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

2. Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

3. Prior Learning Assessment:

Students who wish to apply for advance credit transfer (advanced standing) should obtain an Application for Advance Credit from the program coordinator (or the course coordinator regarding a general education transfer request) or academic assistant. Students will be required to provide an unofficial transcript and course outline related to the course in question. Please refer to the Student Academic Calendar of Events for the deadline date by which application must be made for advance standing.

Credit for prior learning will also be given upon successful completion of a challenge exam or portfolio.

Substitute course information is available in the Registrar's office.

4. Accessibility Services:

If you are a student with a disability (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Accessibility Services office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

5. Communication:

The College considers Desire2Learn (D2L) as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of this Learning Management System (LMS) communication tool.

6. Plagiarism:

Students should refer to the definition of "academic dishonesty" in Student Code of Conduct. Students who engage in academic dishonesty will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

7. <u>Tuition</u> Default:

Students who have defaulted on the payment of tuition (tuition has not been paid in full, payments were not deferred or payment plan not honoured) as of the first week of November will be removed from placement and clinical activities due to liability issues. This may result in loss of mandatory hours or incomplete course work. Sault College will not be responsible for incomplete hours or outcomes that are not achieved or any other academic requirement not met as of the result of tuition default. Students are encouraged to communicate with Financial Services with regard to the status of their tuition prior to this deadline to ensure that their financial status does not interfere with academic progress.

8. Student Portal:

The Sault College portal allows you to view all your student information in one place. mysaultcollege gives you personalized access to online resources seven days a week from your home or school computer. Single log-in access allows you to see your personal and financial information, timetable, grades, records of achievement, unofficial transcript, and outstanding obligations, in addition to announcements, news, academic calendar of events, class cancellations, your learning management system (LMS), and much more. Go to https://my.saultcollege.ca.

9. Electronic Devices in the Classroom:

Students who wish to use electronic devices in the classroom will seek permission of the faculty member before proceeding to record instruction. With the exception of issues related to accommodations of disability, the decision to approve or refuse the request is the responsibility of the faculty member. Recorded classroom instruction will be used only for personal use and will not be used for any other purpose. Recorded classroom instruction will be destroyed at the end of the course. To ensure this, the student is required to return all copies of recorded material to the faculty member by the last day of class in the semester. Where the use of an electronic device has been approved, the student agrees that materials recorded are for his/her use only, are not for distribution, and are the sole property of the College.